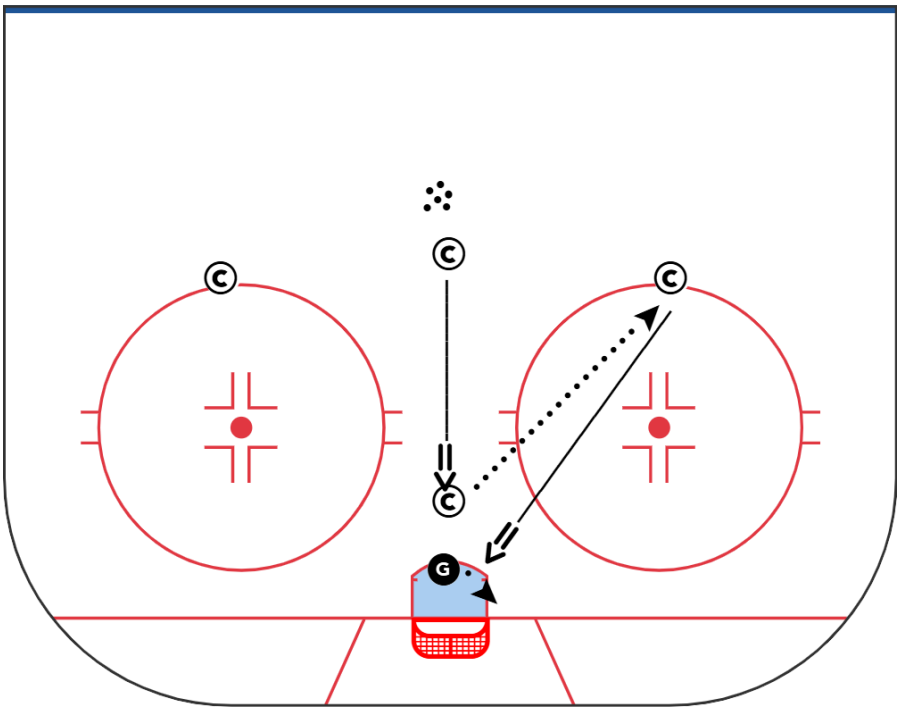
The Tip Diamond



Description

There is a coach/shooter in the slot with pucks, one on the top of each circle, and one in front of the net. The coach in the slot has pucks. The goalie starts at the top of the crease. The coach in the slot performs a shot pass to the coach in front of the net. Sometimes, the shooter in front can just tip it on net and the goalie tries to make the save.

More often than not, however, the shooter in front will catch the shot pass and pass it up to one of the shooters at the top of the circle for a quick shot. The goalie, who dropped to play the tip, must recover to the shooter who got the pass and make the save on the shot. Play out any rebound. If they have equipment on, the shooter in front can also move over with the pass and cause some net front traffic as well.

Key Points

- Reading options
- Proper recoveries to feet
- Getting feet set early.